

**I. COURSE DESCRIPTION:**

- A. Department Information:  
Division: Health Science and Human Development  
Department: Human Services  
Course ID: HUMSV 197B  
Course Title: Alcohol/Drug: Intern Seminar II  
Units: 1  
Lecture: 1 Hour  
Laboratory: None  
Prerequisite: None  
Departmental Advisory: Students should complete HUMSV 183, HUMSV 197A and HUMSV 198A.
- B. Catalog Description: On the job skills such as case management, assessment, and counseling, are monitored and enhanced through class discussion and demonstration in this lecture-based foundation to the students field work. STUDENTS SEEKING ALCOHOL/DRUG STUDIES CERTIFICATE SHOULD ALSO TAKE HUMSV 184 AND HUMSV 198B.
- C. Schedule Description: On the job skills, such as case management, assessment, and counseling. Are monitored and enhanced through class discussion and demonstrations. STUDENTS SEEKING THE ALCOHOL/DRUG CERTIFICATE SHOULD ALSO TAKE HUMSV 184 AND HUMSV 198B.

**II. NUMBER OF TIMES COURSE MAY BE TAKEN FOR CREDIT: One**

**III. EXPECTED OUTCOMES FOR STUDENTS:**

Upon completion of the course the student should be able to:

- A. Conduct and Interpret Screenings
- B. Analyze Intake Information
- C. Demonstrate Familiarization with Orientation
- D. Assess Addiction Level
- E. Formulate Treatment Planning
- F. Practice Counseling Skills
- G. Demonstrate the Ability to Manage Cases
- H. Apply Principles of Crisis Intervention
  - I. Provide Client Education
- J. Identify Sources and be Able to Provide Referrals
- K. Maintain Reports and Records
- L. Consult With Other Professionals in Regard to Client Treatment/Services

**IV. COURSE CONTENT:**

- A. Internship Parameters
- B. Goal Setting
- C. Legal Rights
- D. Assessment Process/Techniques
- E. Group Process
- F. Group Process/Techniques
- G. Group Leadership
- H. Goal review
- I. Supportive services
- J. Referral Process/Techniques
- K. Prevention Process/Techniques
- L. Discharge Process/Techniques

- M. Follow Up Process/Techniques
  - N. Case Management Process/Techniques
  - O. Goal Evaluation
  - P. Summary and Evaluation
- V. METHODS OF INSTRUCTION:**
- A. Lecture
  - B. Directed Discussions
  - C. Audio-visual
  - D. Class Presentations
- VI. TYPICAL OUT-OF-CLASS ASSIGNMENTS:**
- A. Apply principles of crisis intervention to a specific situation
  - B. Participate in a consultation with professionals you work with regarding a client in need of treatment services
  - C. Practice counseling skills with various drug/alcohol related problems
  - D. Formulate treatment for specific cases and evaluate result
- VII. EVALUATION (S):**
- A. Methods of Evaluation:
    - 1. Objective Tests
    - 2. Essay tests
    - 3. Writing assignments
    - 4. Term projects
  - B. Frequency of Evaluations will vary with instructors and may include:
    - 1. One mid-term examination
    - 2. One final examination
    - 3. Weekly written assignments
    - 4. Observation of skills on ongoing basis
    - 5. Term paper at end of semester
  - C. Typical Exam Questions
    - 1. List the main areas of concern re: the legal aspects of alcohol/drug counseling.
    - 2. Explain the benefits of goal setting
    - 3. Identify and analyze basic biopsychosocial needs of an individual client.
    - 4. What are some of the main parameters for an alcohol/drug intern to establish?
    - 5. What communication skills are necessary for an alcohol/drug counselor to understand and practice?
- VIII. TYPICAL TEXT (S):**
- Beck, Wright, Newman, and Liese, Cognitive Therapy of Substance Abuse. New York: Guilford Publications, 2001
- Volpicelli, Joseph, The BRENDA Approach Combining Medication and Psychosocial Treatment For Addictive Behavior. New York: Guilford Publications, 2001
- Evans & Sullivan, Dual Diagnosis: Second Edition: Counseling the Mentally Ill Substance Abuser. New York: Guilford Publications, 2000
- IX. OTHER SUPPLIES REQUIRED OF STUDENTS:** None